

Katie Walmsley – Gala Times

Colchester Phoenix Meet 21st October 2006

Stroke	50 Metres	100 Metres	400 Metres
Freestyle			6:20.75
Breaststroke	49.64		
Backstroke	45:00		
Butterfly	45.25		
Ind Medley		1:34.69	

Items In **BOLD RED** are New Personal Best Times.